



Annuit coeptis A posse ad esse

Harvest Centre for Research, Training & Development

Cyber Wellness Talk

The speaker will take the students on a tour of the internet lifestyle that they are so familiar and very probably engaged with daily. They will be presented with the benefits of the use of technology in the cyber space. Thereafter, the speaker will delve into the essence of the dark side of cyber space, where several risks awaits them if they are not careful. Further on, safe and responsible use of the internet will be discussed, including addiction.

- ✦ Internet Lifestyle Today
- ✦ Benefits of the use of internet
- ✦ Dark Side of Internet
- ✦ Gaming Addiction
- ✦ Sexual Grooming
- ✦ Cyber Bullying
- ✦ Fraud / Stolen Identity
- ✦ Safe & Responsible Use of Internet

Cost : S\$500 per session

Duration : 1 Hour



To book a session, please contact Ms Jaslin Peh at 6227 6635 or email us at jaslin@hrted.com.sg.
We would like to hear from you.